

WAY OF THE CROSS



WAY OF THE CROSS

Introduction

Please Stand

In the Name of The Father and of The Son and of
The Holy Spirit. Amen

Leader : The Way of the Cross is truly a pilgrimage - a journey in faith with Jesus into the mystery of God's love for us. He had to fulfill His Divine destiny to die and to be raised to eternal life. Jesus will restore life in its fullness when He comes again.

Jesus did not take up His Cross in order to show us how to die, but to show us how to live.

Let us as a community of faith make this pilgrimage with Jesus Our Lord, commemorating His unconditional and perfect Love for us.

Please kneel

All : Lord, teach us Your ways, shine in our lives that we will become a light for others. Move in our hearts to change and convert us entirely to the will of the Father.

We especially ask for blessings on our families and ourselves as we place all our hope in our road to Calvary.

1st Station JESUS IS CONDEMNED TO DEATH



John 19 : 5, 16

Pilate said to the crowd: "Behold the man". The crowd replied; "Crucify him, Crucify him!". He handed him over to be crucified.

1ST STATION

JESUS IS CONDEMNED TO DEATH

Please Stand

Priest or

Leader : We adore You, O Christ and we bless You

Please Kneel

All : Because by Your Holy Cross,
You have redeemed the world.

Leader : Pilate is an earthly symbol of pride, wealth and power; Jesus is true man, representing divine humanity, the Son of the Living God. When Pilate condemns Jesus he condemns love, he makes the choice we sometimes make by refusing to love and to follow the way of life that leads to Jesus.

All : We love you Jesus above all things. Grant that we may show love to everyone we come into contact with, especially those who least deserve our love.
Father, grant us the grace not to condemn love but to live love and to follow the path to divine humanity.

Leader : Let us pray in silence for those who experience no love in their lives. The orphans, marginalized, neglected and downtrodden.

Leader : Lord Jesus Crucified

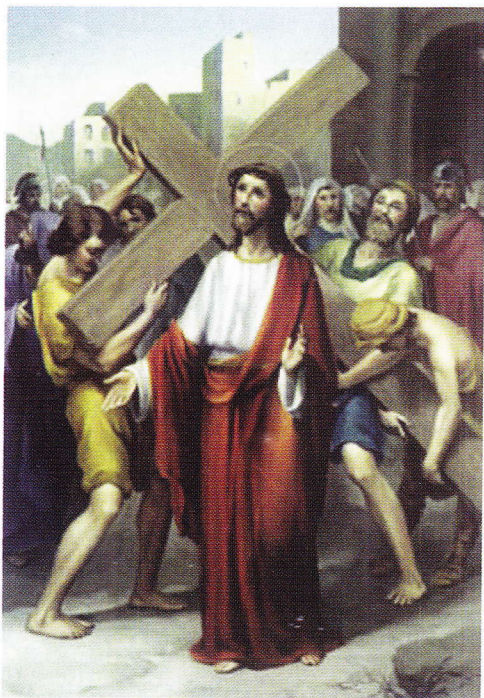
All : O Jesus, so meek and uncomplaining, teach us resignation in trials.

Please Stand

(sung):

Love it was that made us,
And it was love that saved us
Love was Gods plan, when He made man
God's divine nature is love
Born of Gods love we must love Him
That's why He made us to love Him
But only when, we love all men
Can we partake of Gods love] Repeat

2nd Station JESUS CARRIES HIS CROSS



Mathew 27 : 28

They stripped off his clothes and put a scarlet robe on him. Then they made a crown out of thorny branches and placed it on his head, and put a stick in his right hand; then they knelt before him and made fun of him. "Long live the King of the Jews!" they said. They spat on him and took the stick and hit him over the head. When they had finished making fun of him, they took the robe off and put his own clothes back on him. Then they led him out to crucify him.

2ND STATION

JESUS CARRIES HIS CROSS

Please Stand

Priest or

Leader : We adore You, O Christ and we bless You

Please Kneel

All : Because by Your Holy Cross,
You have redeemed the world.

Leader : The Cross is something we often see as a burden, something heavy, painful, unwanted. Jesus did not come to glorify suffering, but by taking up His Cross He shows us how precious we are in the sight of God.
There is no limit to His Love for us which teaches us that we can turn each cross into a victory of love, just like our Lord did.

All : Lord Jesus, we are afraid of the cross. Grant us the courage and conviction that You had to accept our crosses and to persevere.
Help us to accept the cross in our lives, whatever it may be; suffering, loneliness, shame, embarrassment, failure. Give us the grace to know that You are carrying it with us, so that we carry it into new life.

Leader : Let us pray in silence for family life. That we will cherish the graces God gives us and help to carry each other's crosses in good and bad times, sickness and health.

Leader : Lord Jesus Crucified

All : My Jesus, this cross should be mine, not Yours: my sins crucified Thee.

Please Stand

(Sung)

O Cross reign victorious!
O Cross! Thou will redeem us
Renew our strength and valour,
Uplift the downcast man
Prize hope in life's dark hour,
To deathless life the span

3rd Station
JESUS FALLS THE FIRST TIME



Lamentations 3.

“Even when God afflicts you, he shows mercy in his abounding kindness.”

3RD STATION

JESUS FALLS THE FIRST TIME

Please Stand

Priest or

Leader : We adore You, O Christ and we bless You

Please Kneel

All : Because by Your Holy Cross,
You have redeemed the world.

Leader : Jesus came as a human being sharing all the limitations and weakness of human nature. His falling to the ground reminds us of our own weaknesses and His rising again to continue in faith tells us that we too can rise after every fall and return to God.

All : Lord, through the anguish and grief of Your passion, grant us the grace to recognize suffering in our fellow man.
You lift those who are poor, feed the starving and uphold the downtrodden. Give us, as a community of faith, the spirit of humility to support all who fall under the weight of suffering.

Leader : Let us pray in silence for the migrants in our country and the stranger among us who need uplifting.

Leader : Lord Jesus Crucified

All : By this first fall, never let us fall into our sinful lives again.

Please Stand

(Sung)

God gives His people strength
If we believe in His way,
He's swift to repay
All those who bear the burden of the day
God gives His people strength

4th Station
JESUS MEETS HIS MOTHER



Luke 2 : 35

Simeon said to Mary at the Presentation in the Temple. "A sword of sorrow will pierce your heart".

4TH STATION

JESUS MEETS HIS MOTHER

Please Stand

Priest or

Leader : We adore You, O Christ and we bless You

Please Kneel

All : Because by Your Holy Cross,
You have redeemed the world.

A mother meets her son and both suffer an indescribable heartache. Simeon's words are fulfilled in Mary as she sees the suffering of her Son. Mary faces her greatest fear that Jesus will be put to death shortly. Yet, her composure and grace outweighs her bitter anguish.

All : Help us Lord to learn from the motherhood of Mary, how to love every person as a child of God and how like Mary, bear the torments and struggles of life with grace and fortitude. Strengthen us to be like Mary, bearing the graces of the Holy Spirit with meekness, humility and faith.

Leader : Let us pray in silence for widows everywhere, orphans and the lonely.

Leader : Lord Jesus Crucified

All : O Jesus! May no human tie or bondage keep me from following the way of the cross.

Please Stand

(Sung)

Through her heart His sorrow sharing
All His bitter anguish bearing
Now at length the sword has passed

5th Station

SIMON OF CYRENE HELPS JESUS



Luke 23 : 26

...and as they were going, they met a man from Cyrene named Simon who was coming into the city from the country. They seized him, put the cross on him and made him carry it behind Jesus.

5TH STATION

SIMON OF CYRENE HELPS JESUS

Please Stand

Priest or

Leader : We adore You, O Christ and we bless You

Please Kneel

All : Because by Your Holy Cross,
You have redeemed the world.

Leader : The man Jesus was getting weaker and the cross heavier.
Jesus needed Simon to help carry the cross. We encounter
people who suffer but do not want to do anything that might
make us unpopular. We are afraid of a little ridicule and
shame even when it entails doing the right thing.

All : Simon unwillingly assisted Thee, may we willingly lend our
hand to those in need so that it might be pleasing to You.
Make us worthy Lord to serve our fellow man throughout
the world who live and die in hunger and poverty. Give us
our daily bread Father and the peace that only comes from
You.

Leader : Let us pray in silence for those in prison, people suffering
hopelessness and those dejected in society.

Leader : Lord Jesus Crucified

All : Show us the way to help those suffering in hopelessness,
dejection and shame.

Please Stand

(Sung)

Make me a channel of Your peace
Where there is hatred, let me sow Your love.
Where there is injury Your pardon Lord
And where there's doubt true faith in You

6th Station
VERONICA WIPES THE FACE OF JESUS



Psalm 27:9

It is your face O Lord I seek. Hide not your face from me.

6TH STATION

VERONICA WIPES THE FACE OF JESUS

Please Stand

Priest or

Leader : We adore You, O Christ and we bless You

Please Kneel

All : Because by Your Holy Cross,
You have redeemed the world.

Leader : Just like the imprint in Veronica's towel, Jesus passion leaves His imprint in our hearts and our lives. We are called to be the salt of the earth and the light of the world. Let us from henceforth show that difference in the way we live and love.

All : Father of light, no one has seen Your face. Yet, through Your loving Son, we see it clear in the least and most contemptible of people. Give us eyes to see, so that we may see You in those who seek our forgiveness and help.
Jesus, stamp Your sacred features indelibly upon our hearts.

Leader : Let us pray in silence for our country and the leaders of our nation. May Jesus shine His light into their hearts that they may act justly and show fairness and equality to all Malaysians.

Leader : Lord Jesus Crucified

All : Never let us be separated from Your face again

Please Stand

(Sung)

What a friend we have in Jesus
All our sins and griefs to bear
What a privilege to carry
Everything to God in prayer
O what peace we often forfeit
O what needless pain we bear
All because we do not carry
Everything to God in prayer

7th Station JESUS FALLS THE SECOND TIME



Psalm 22 :6

But I am no longer a man; I am a worm, despised and scorned by everyone! All who see me despise me; they stick out their tongues and make fun of me.

7TH STATION

JESUS FALLS THE SECOND TIME

Please Stand

Priest or

Leader : We adore You, O Christ and we bless You

Please Kneel

All : Because by Your Holy Cross,
You have redeemed the world.

Leader : We too fall again and again because of our infidelity and hardness of heart. We want to be 'of the world' and not 'of' Christ. Yet God does not leave us crushed by our sins and burdens but picks us up and forgives us.
You have taught us to welcome and help people rise again; when they are hungry, thirsty, sick, naked and in prison.

All : Lord, give us the sustenance when our lives seem desolate and when failure knocks on our door. Stretch out Your hand and raise us up, Your people journeying toward the Heavenly Jerusalem.

Leader : Let us pray in silence for all religious, clergy, parish ministries and all men and women of God.

Leader : Lord Jesus crucified

All : By Your second fall, preserve me from relapse into sin.

Please Stand

(Sung)

Do you know that the Lord dwells in men
Do you know he wants help from you and me
He needs our hands – our feet and hearts to serve
Do you know he can only work through men.

8th Station
THE WOMEN OF JERUSALEM WEEP FOR JESUS



Luke 23 : 28

Jesus turned and said to them, "Daughters of Jerusalem, do not weep for me, weep for yourselves and for your children....."

8TH STATION

THE WOMEN OF JERUSALEM WEEP FOR JESUS

Please Stand

Priest or

Leader : We adore You, O Christ and we bless You

Please Kneel

All : Because by Your Holy Cross,
You have redeemed the world.

Leader : Jesus reminds us that it is not enough to only have pity on those who suffer, or those subject to injustice, or the voiceless in society. We have to act, to commit ourselves to changing what needs to be changed in our lives and in society.

All : Father, Your words come true today as we weep for ourselves in a world that lacks faith in You. Have pity and do not abandon us Lord. You placed in each of us the gift of compassion to reach out to ease the pain and suffering of our neighbour. With the weeping women of Jerusalem, help us to surrender our lives and place it where it belongs, at the foot of Your blessed cross.

Leader : Let us pray in silence for the world we live in and for people who do not believe in God. May our lives always and everywhere bear testimony to Gods everlasting presence.

Leader : Lord Jesus crucified

All : As we surrender our lives, forgive us our sins and bring us to eternal life with all the Saints in Heaven.

Please Stand

(Sung)

All to Jesus I surrender, all to Him I freely give
I will ever love and trust Him, in His presence daily live

I surrender all, I surrender all
All to Thee my Blessed Saviour, I surrender all.

9th Station
JESUS FALLS THE THIRD TIME



Psalm 143

The enemy pursues my soul, he has crushed my life to the ground.

9TH STATION

JESUS FALLS THE THIRD TIME

Please Stand

Priest or

Leader : We adore You, O Christ and we bless You

Please Kneel

All : Because by Your Holy Cross,
You have redeemed the world.

Leader : Every station along the way of the cross is a mile-stone of obedience and self-deprivation. When we see Jesus fall the third time, we appreciate how much our awesome, powerful God loves us.

All : Father, You willed that Your Incarnate Son should be obedient to death, even death on a cross. Grant that by the example of His humiliation and suffering, we may share in His courage by walking upright to our own Calvary. When we are weary upon life's journey, be Thou our strength and perseverance.

Leader : Let us pray in silence for the sick and the dying; that God may heal their suffering and comfort them at the hour of their road to Calvary.

Leader : Lord Jesus Crucified

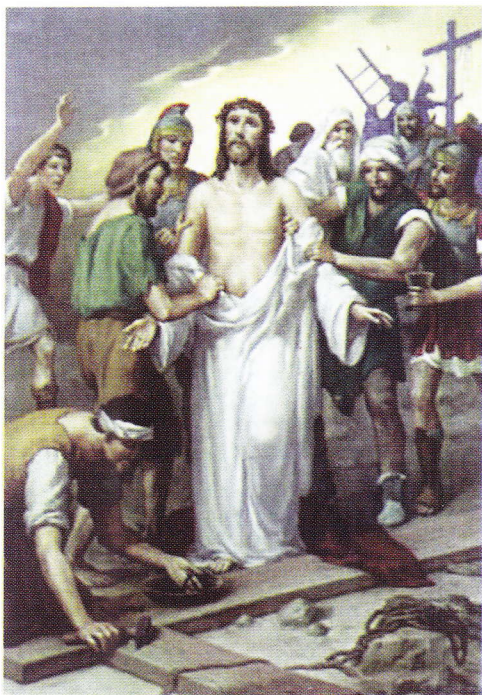
All : Reveal to us the fullness of Your Divine will.

Please Stand

(Sung) Jesus keep me near the cross
There a precious fountain
Free to all a healing stream
Flows from Calvary's mountain

In the cross, in the cross
Be my glory ever
Till my raptured soul shall find
Rest beyond the river

10th Station JESUS IS STRIPPED OF HIS GARMENTS



Mark 15: 24

The soldiers divided his clothes among themselves, (fulfilling Scripture), throwing dice to see who would get what piece of clothing.

10TH STATION

JESUS IS STRIPPED OF HIS GARMENTS

Please Stand

Priest or

Leader : We adore You, O Christ and we bless You

Please Kneel

All : Because by Your Holy Cross,
You have redeemed the world.

Leader : When Jesus is stripped at Golgotha, He is stripped also of His dignity, His respect, His rights. He is also stripped of His life. Our Lord is completely with no assistance. He stands alone; naked, beaten, bruised, tortured and tormented.

All : At times in our lives, we stand alone. There sometimes seem no hope and will to go on. We pray for the grace to devoid ourselves of our masks and all that puts a barrier between us and God; that in those times we might be clothed in the garments of love. Your grace Lord is sufficient for us.

Leader : Let us pray in silence for people suffering as a result of natural calamities and the effects of environmental hazards.

Leader : Lord Jesus Crucified

All : When my soul is robbed of its innocence, clothe me with the sense of penance and redemption.

Please Stand

(Sung) Jesus! Lord! I ask for mercy
Let me not implore in vain
All my sins I now detest them
Help me not to sin again

11th Station
JESUS IS NAILED TO THE CROSS



Psalm 22: 16

They have pierced my hands and my feet, I can count every one of my bones.

11TH STATION

JESUS IS NAILED TO THE CROSS

Please Stand

Priest or

Leader : We adore You, O Christ and we bless You

Please Kneel

All : Because by Your Holy Cross,
You have redeemed the world.

Leader : Often we come into contact with people nailed to a bed of sickness, pain and to suffering. At times, we encounter people nailed to emotional or spiritual distress. It is this reality that Jesus shares as he remains nailed to the Cross.

Only love can give heart to our wounded brothers and sisters.
And only Gods love can nourish and refresh us. Let us open our lives to receive this grace.

All : Father, may the memory of the cross and resurrection help us to free ourselves of all attachment to sin. Draw us to Yourself Father that we have a share in Your suffering and then a share in Your everlasting glory.

Leader : Let us pray in silence for all suffering from the effects of war, starvation and misery.

Leader : Lord Jesus Crucified

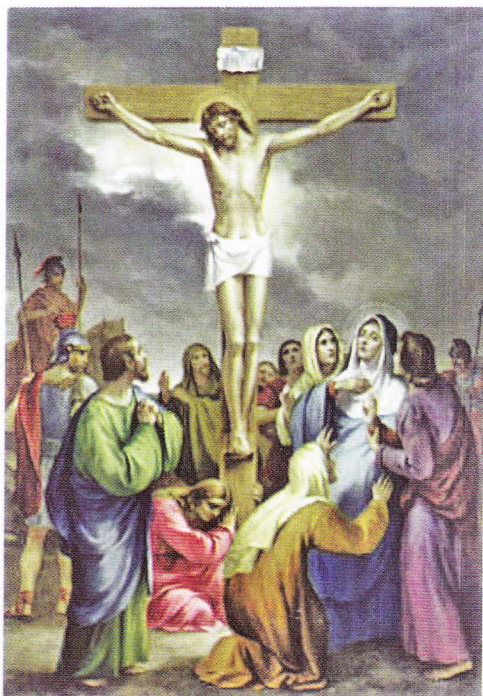
All : Teach us to forgive injuries and to forget them.

Please Stand

(Sung)

Deep in Thy Sacred Heart
Let me abide; Thou that has bled for me,
Sorrowed and died
Sweet shall my weeping be
Grief surely leading me
Nearer my God to Thee
Nearer to Thee

12th Station
JESUS DIES ON THE CROSS



John 15 : 13

Greater love has no man than this, than to lay down his life for his friends.

12TH STATION

JESUS DIES ON THE CROSS

Priest or

Leader : We adore You, O Christ and we bless You

Please Kneel

All : Because by Your Holy Cross,
You have redeemed the world.

Leader : It was 3PM when Our Lord the Divine Mercy cried out: "I am thirsty" and they gave Him vinegar, a sour wine pressed from the vintage of our toil, a symbol of the bitter taste of our sinfulness.

All : Lord, we desire to die to all that displeases You, to the desire of our senses, to the world and to ourselves. Cross of my Saviour, you are the tree of life that unites Heaven and earth and the altar upon which we wish to sacrifice ourselves in dying with Jesus.

Leader : Let us pray in silence for the souls of the faithful, that eternal light will shine upon them and their souls will rest in peace.

Leader : Lord Jesus Crucified

All : You died on the Cross but Your Sacred Heart still throbs for sinful children.

Please Stand

(Sung)

If I should ever walk, in the valley of darkness
No evil would I fear, You are there, to show the way
If I should ever walk in the valley of darkness,
Your crook and Your staff, they will lead me
to the day.

13th Station JESUS IS TAKEN DOWN FROM THE CROSS



John 19:39

Joseph of Arimathea and Nicodemus took one hundred pounds of spices, a mixture of myrrh and aloes, wrapped the body in linen clothes and prepared the body for burial according to the Jewish custom.

13TH STATION

JESUS IS TAKEN DOWN FROM THE CROSS

Please Stand

Priest or

Leader : We adore You, O Christ and we bless You

Please Kneel

All : Because by Your Holy Cross,
You have redeemed the world.

Leader : The Jews wanted no reminder of the cross and they hurried to have Jesus buried before the Feast of the Passover. Jesus taken down from the cross is again in the arms of His mother, as He was in the stable in Bethlehem.

All : Father, as we stand beneath the cross, we desire to venerate the body of Your Son lying lifeless in the arms of His mother. May we imitate you Mary, by accepting a share in the Cross of Jesus and by trying to live always free from sin and fear of death.

Leader : Let us pray in silence for all those who have lost their faith in Jesus.

Leader : Lord Jesus Crucified

All : We pray that Mary will also receive us in her arms and obtain for us contrition for all our sins.

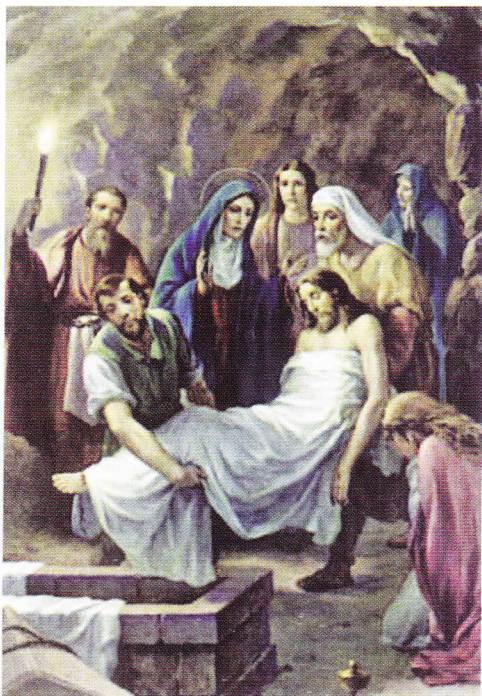
Please Stand

(Sung)

On a hill far away, stood an old rugged cross
The emblem of suffering and shame
And I love that old cross
Where the dearest and best
For a world of lost sinners was slain

So I'll cherish the old rugged cross
Till my trophies at last I lay down
I will cling to the old rugged cross
And exchange it someday for a crown

14th Station JESUS IS PLACED IN THE TOMB



Mathew 27 : 60

Joseph of Arimathea placed the body of Jesus in his own tomb, which he had just recently dug out of solid rock. Then he rolled a large stone across the entrance and went away. Mary Magdalene and Mary the mother of Joseph were sitting there, facing the tomb.

14TH STATION

JESUS IS PLACED IN THE TOMB

Please Stand

Priest or

Leader : We adore You, O Christ and we bless You

Please Kneel

All : Because by Your Holy Cross,
You have redeemed the world.

Leader : The Son of God, the One whom all people in Israel flocked to for healing, miracles and solace lies in the ground dead. Yet now the earth is offered life to the full in eternal life.
Jesus conquered death with death. He fulfilled every prophesy written, suffering for all humanity, for all time in humility and compassion.
This is our God!

All : Lord of all hopes and freedom, like the grain of wheat You fell to the ground and died to give us life. When all our hopes fail, give us courage. When we are in doubt, peace and when we are cut off, bring us back to newness of life.

Leader : Let us pray for the Intentions of our Holy Father, our Archbishop and our Parish.

Our Father, Hail Mary.

Leader : Lord Jesus Crucified

All : Have Mercy On Us

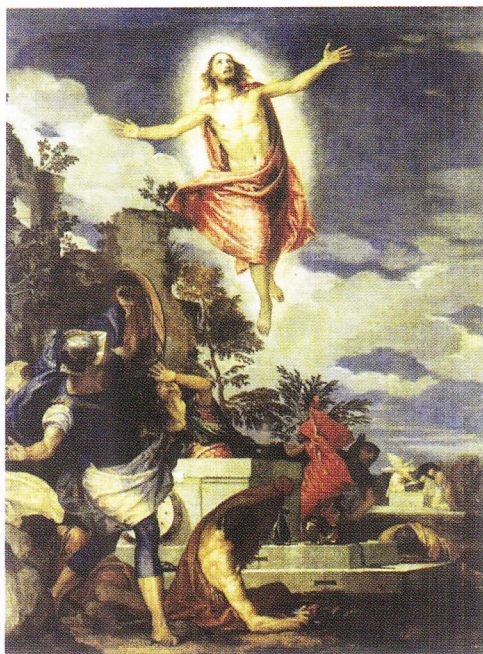
Please Stand

(Sung) We stand for God, Jesus our Master
Has died to save with love untold
His law divine and truth unchanging
In this our land their place must hold

Strengthen our faith Redeemer
Guard us when danger is nigh
To Thee we pledge our lives and service
Strong in a trust that ne'er can die

Repeat

RESURRECTION



Lk. 24: 1-6

On the first day of the week, the women went to the tomb. Two men in dazzling white appeared to them and said: "Why do you look for the living among the dead? He is not here he is risen."

THE RESURRECTION

Please Stand

Leader : The life of Jesus does not stop at the Cross. If it did, our faith would be in vain. Christ's death won us back from death. His resurrection gives us new hope. The Cross and the Resurrection can never be separated.

God our Father, by raising Christ Your Son You opened the way for the faithful to live eternal life. Death has no power over those who believe in the passion of our Christ;

All : Father, raise us up on the last day and renew our life by the Spirit that lives within us, we ask all this in the Precious Name of Jesus Christ our Lord.

Leader : Let us pray in silence for our own intentions.

All :
(Sung)

Glory Be To The Father
And To The Son
And To The Holy Spirit
As It Was In The Beginning,
Is Now And Ever Shall Be
World Without End, AMEN.

In the Name of The Father and of The Son and of
The Holy Spirit. Amen

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Hail Holy Queen, Mother of Mercy! Hail our life, our sweetness and our hope; to you do we cry, poor banished children of Eve; to you do we send up our sighs, mourning and weeping in this valley of tears. Turn then. O most gracious advocate your eyes towards us; and after this our exile, show unto us the blessed fruit of your womb Jesus.

O Clement, O Loving, O Sweet Virgin Mary; Pray for us most holy Mother of God that we may be made worthy of the promises of Christ.



NOT TO BE REMOVED

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